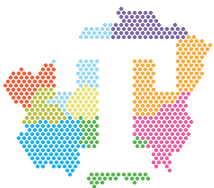




SUPPORTED INTERNSHIP



Tameside
College

ACTIVE
TAMESIDE

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Good
Provider

SUPPORTED INTERNSHIP

What is a Supported Internship

Supported internships are a structured study and work programme designed to help young adults with an EHCP (Education, Health & Care plan) transition from education to employment. Our programme combines classroom-based learning, work placements, and personalised support to empower interns to develop their skills, build confidence, and enhance their employability.

Benefits of a Supported Internship

- **Real-World Work Experience:** Interns engage in meaningful work placements to acquire practical skills and gain industry-specific knowledge.
- **Personalised Support:** Each intern is assigned a dedicated job coach who provides individualised support, guidance, and mentoring throughout the programme.
- **Skill Development:** Interns participate in a range of workshops and training sessions to develop essential employability skills such as communication, teamwork, problem-solving, and time management.
- **Increased Independence:** The programme promotes independence by helping interns develop essential life skills and encouraging self-advocacy.
- **Enhanced Employability:** Supported internships aim to improve interns' chances of securing sustained employment by equipping them with valuable skills and work experience.

Outcomes

- **Employability:** Our programme aims to enhance interns' employability by equipping them with the skills, experience, and confidence required to secure and maintain meaningful employment.
- **Independent Living:** Interns develop essential life skills that promote independence and enable them to make informed choices about their future.
- **Personal Growth:** Supported internships foster personal growth, improving self-esteem, self-confidence, and social skills.



FAQ'S

What are roles of Tameside College & Active Tameside

Tameside College are the Education provider, this means you are a student of Tameside College and they are responsible for the educational aspect of the course. Active Tameside are the Employer Host, this means that they are responsible for all aspects of placement.

Who is eligible for a supported internship?

Supported internships are designed for young adults aged 16-24 with an Education Health and Care Plan (EHCP) or a statement of special educational needs.

How long does a supported internship program last?

The duration of a supported internship programme can vary, but it typically lasts for one academic year. The programme may include a combination of classroom-based learning, work placements, and ongoing support.

When does a supported internship start?

This usually starts in September, with the inductions taking place around the same time. If you are already a Tameside College student, the progression talks will take place in April, to start the course in September. If you are an external applicant, this will go through either Tameside College website or through Active Tameside.

What support is provided during a supported internship?

During a supported internship, participants receive personalised support from a dedicated job coach who provides guidance, mentoring, and assistance in navigating the workplace. The job coach helps interns develop skills, overcome challenges, and ensures a positive and inclusive learning experience.

How are work placements arranged for supported internships?

Work placements are typically arranged by the supported internship programme in collaboration with local employers., the use of a vocational profile allows the supported intern to be matched to their career aspirations. Employers also play a vital role in providing mentors and supervision during the work placement.

Are supported internships paid?

Supported internships are not paid. However, the core aims of the course are to work towards, and progress into a paid opportunity.

Can I request reasonable adjustments during a supported internship?

Yes, you have the right to request reasonable adjustments to ensure your work environment is accessible and supportive of your needs.

Are there any costs associated with participating in a supported internship?

No, supported internships are fully funded, and participants should not incur any costs related to their involvement in the program.

Do I need any previous work experience to be eligible for a supported internship?

No, previous work experience is not a requirement for participating in a supported internship. These programmes are specifically designed to provide individuals with their first work experience.

What happens after completing a supported internship?

Upon completion of a supported internship, participants receive ongoing support and guidance. This may include assistance in securing sustained employment, exploring further education opportunities, or accessing additional training and development programmes.

What types of placements are available during a supported internship?

Placements can vary depending on the individual's interests and goals, but common options include retail, hospitality, administration, social care, customer service and **various opportunities within Tameside Hospital.**

You will need to apply for Access to Work, supported by Active Tameside.

Apply online
The quickest and easiest way to apply for Access to Work is online.

<https://www.gov.uk/access-to-work>

You can also apply by calling the Access to Work helpline:
Telephone: 0800 121 7479
Textphone: 0800 121 7579

Relay UK (if you cannot hear or speak on the phone): 18001 then 0800 121 7479

Monday to Friday,
9am to 5pm

Travel Training

Travel training is a vital component of supported internships, particularly for learners with special educational needs and disabilities (SEND). It helps individuals develop the confidence, skills, and independence required to commute safely and efficiently to their internship placements and beyond. If you are not already an independent traveller, you will be supported by Active Tameside to be travel trained.

Does the EHCP cease after completing a supported internship?

An Education Health and Care Plan (EHCP) does not automatically cease after completing a supported internship programme. The EHCP is a legal document that outlines the support and provisions a young person with special educational needs or disabilities (SEND) requires to access education and reach their full potential. While the supported internship programme may come to an end, the EHCP remains valid until it is reviewed and updated by the local authority.

The review process takes into account the progress made during the supported internship and determines what further support or provisions may be necessary for the individual's ongoing education, training, or employment journey. It is important to consult with the relevant authorities and professionals involved in the EHCP process to understand the specific procedures and implications in your particular situation.